



# HOLY REDEEMER

## Links



News from Redemptorist Media Center and Publications, India  
(A Unit of Holy Redeemer Foundation)

## Director's Christmas Message

"Please, Don't Stop What You Are Doing..."

As we celebrate Christmas, we return to the heart of our faith, Emmanuel, God with us. Christmas reveals a God who comes quietly, gently, and without fanfare, into the hidden corners of our lives. He comes to the abandoned stable, to the unnoticed shepherds, to the silent aching of humanity.

"The people who walked in darkness have seen a great light" (Isaiah 9:2). That light is not a blinding flash but a tender flame, warming the hearts of those who seek Him.

A couple of years ago, just as the world was beginning to emerge from the long and difficult shadow of COVID, I accepted an invitation to preach a novena in a parish in Kolkata. It was my first ministry outside the Redemptorist Media Centre after months of being confined to the studio. In many ways, I was simply looking for a break, some breathing space, an opportunity to preach in a parish where no one knew me, and a chance to feel the simplicity of pastoral ministry again after a season filled with intense digital work.

But God had other plans.

During one of the novena days, a Eucharistic Minister approached me and said, "Father, there is a man who watches Redemptorist Media Centre every day. He heard you were in town and would love to meet you. He isn't well enough to come to church. Would you visit him?" I was surprised because this parish had no official connection with the Redemptorists. And yet, the ministry had already entered their homes, accompanied them in their struggles, and become a part of their prayer life.

After the service, I went to visit him. I remember walking into a modest



home and finding a middle aged man, homebound and weighed down by illness. But the moment he saw me, his eyes lit up, eyes that belonged to someone who knew me long before I ever knew him. His family welcomed me warmly, as though we had known each other for years. They had journeyed with every Mass, every reflection, every teaching, every series we had created. And then he said something that has stayed with me ever since.

"Father... no matter what, please don't stop what you are doing." He continued, "you don't know the effect the Redemptorist Media Center had in my life, especially during covid. I wouldn't have made it without it."

Those words pierced me, not with pressure, but with purpose. They gave meaning to the pain, meaning to the sleepless nights, meaning to the challenges we faced as a team, and meaning to the moments I quietly



wondered whether it was all worth the struggle. In that frail voice, I heard something deeper: Yes, there are hardships and misunderstandings. Yes, there are moments when the weight of the mission feels overwhelming. But in the midst of all this, God is working silently, powerfully, and personally. And the fruit of that work is far greater than what we can see.

That single conversation and the many others like it over these years became God's gentle whisper, reminding me of why we do what we do.

At the heart of the Redemptorist mission lies a simple but profound truth: we are called to preach the Gospel ever anew to the most abandoned. We are entrusted with proclaiming the message of Plentiful Redemption. We are invited to be missionaries of hope for a world that often feels exhausted, wounded, and searching.

Over the years, God has shown us repeatedly that this ministry is not ours, it is His. We have witnessed a humble initiative in Bangalore grow into a vibrant ministry that now reaches people across India and beyond. We have seen doors open that we never anticipated, opportunities for collaboration, new mission partners, and connections that could only be orchestrated by God. As we look ahead, we see the gentle unfolding of projects that will shape the future of our mission: a fully integrated app, a global OTT platform, an online academy for formation and spiritual direction, and many other tools that will accompany the Church for years to come.

All of this reminds us that it is the Lord who hears the cry of people like that person who was confined to his home. It is the Lord who knows the searching questions of the youth. It is the Lord

who walks with the lonely, the sick, the burdened, and the forgotten. And in His mysterious goodness, He allows us to become instruments of His consolation.

Christmas assures us that God hears every sigh, sees every unspoken sacrifice, and blesses every generous offering made in His name. And so, as a ministry, we recommit ourselves to being bearers of this light, not loudly, but faithfully; not perfectly, but generously; not for ourselves, but for Him.

As we continue this journey, I am deeply grateful to all who share in this mission. To our volunteers who give of their time and strength, to our staff whose dedication makes everything possible, to our benefactors and friends whose generosity sustains us, to our Redemptorist confreres and leadership who support and guide us, and to every person who prays for us and accompanies us in spirit, your faith and kindness make this mission a living reality. You are the reason this ministry touches lives we may never meet in person.

As we celebrate the birth of our Saviour, I invite you to continue being part of this beautiful work. Consider it a blessing. See it as a shared call. And join us as we carry the hope of Christmas into the lives of those who need it most.

May the Child Jesus fill your home with peace, your heart with joy, and your life with the deep assurance that God is with us always.

With gratitude and hope, I wish each one of you a grace-filled Christmas. Together, with humility and faith, let us not stop what we are doing.

Blessed Christmas.

**- Fr. Charles Vijay Kumar, C.Ss.R.**

Director, RMC, RPI & Holy Redeemer Foundation



## Pope Leo XIV encourages digital missionaries to promote peace, create encounters and weave networks of healing

Pope Leo XIV addressed over a thousand online evangelizers on the occasion of the Jubilee of Digital Missionaries and Catholic Influencers on the 29<sup>th</sup> of July 2025. The Holy Father offered deep spiritual insight and missionary challenge for those involved in the media apostolate in his message to those who were gathered at St. Peter's Basilica.

**The World Now Needs Missionaries Who Convey Christ's Gift of Peace:**

Firstly, Pope Leo, reflected on how we need peace in these times "marked by hostility and war, which in turn calls us to give witness to the greeting of the Risen Lord: 'Peace be with you!' (Jn 20:19)" This peace, the Pontiff urged, needs to be "sought, proclaimed, and shared everywhere" He remarked that today, "more than ever, we need missionary disciples who convey the gift [of peace] of the Risen Lord to the world; who voice to the ends of the earth the hope that Jesus gives us." Thus, Catholic social media influencers, today, are called to play an important role in promoting peace while being themselves deeply grounded in Christian hope.

**Digital Missionaries Don't Generate Content, They Create Human Encounters**

Secondly, the challenge that faces digital missionaries is to always look for the "suffering flesh of Christ." Behind profiles and accounts online, there are

real human beings with lives and family, sufferings, hopes and joys. In a new culture which is dominated by science and technology, and a new era of Artificial Intelligence, the challenge for digital missionaries is to preserve the authenticity of our witness, our ability to listen and speak, and our ability to understand and be understood. The goal of our presence on social media is not meant merely to "generate content," but to authentically "create encounters" of human hearts.

**Called to Weave Networks of Healing Whether Big or Small**

Finally, recalling how Jesus called his first apostles while they were mending their fishing nets, the Holy Father told online missionaries that Jesus "asks the same of some of us today. Indeed, he asks us to weave other nets: networks of relationships, of love, of gratuitous sharing where friendship is profound and authentic." Rather than being focussed on the number of followers, the Pope suggests that the networks woven by Catholic online influencers and digital missionaries "can mend what has been broken, heal from loneliness."

**How do we become Digital Missionaries?**

All this happens when we begin to "experience the greatness of infinite love in every encounter." In these networks, the Pope said, we are called to "give space to others more than to ourselves, where no 'bubble'



can silence the voices of the weakest; networks that liberate and save." This vision stands in contrast to the isolating and polarising "bubbles" created by echo-chambers on social media platforms today. The Holy Father continues to say that in these networks of truth, "every story of shared goodness will be a knot in a single, immense network: the network of networks, the network of God."

We at the Redemptorist Media Center, feel immensely encouraged by Pope Leo's message and privileged to continue to Proclaim the Good News Ever Anew online - as the peace that Christ offers to every human heart, in a manner that is authentically human, and reaching out to His suffering flesh to bring the healing power of His Resurrection. You, dear reader, are an important node in our network of healing and we're so glad that you are here! May the Peace of the Risen Lord be with you always!

**- Fr. Sandeep Menezes, C.Ss.R.**  
Assistant Director, RMC, RPI & Holy Redeemer Foundation



## Heart Rock Café

**HEART ROCK CAFÉ RETURNED FOR A POWERFUL SEASON 2, BREWING DEEPER CONVERSATIONS, AND BOLD FAITH.**

The youth podcast dived deep into today's most thought-provoking topics, sparking conversations that matter to the new generation.

The series explored the theme: "Faith, Fear & Film: Should Catholics Watch Horror?"

In a world where evil feels more visible than ever, many of us question whether it's safe to watch movies, particularly those in the horror genre. Could such films possibly have a harmful influence on our lives?

This episode featured two insightful guests, Lynn Misquith and Jade Cerllo, who held completely opposing views on the subject.

Jade shared that horror movies serve no real purpose. He further noted the importance of understanding the filmmaker's intent – whether the film conveys a message that aligns with faith.

In contrast, Lynn expressed that if we don't expose ourselves to things that cause fear, we may never recognize the greater good that exists. Watching horror, she argued, will help us to separate fact from fiction.

Fr. Sandeep Menezes C.Ss.R., reminded listeners



that God's power surpasses any form of evil, but cautioned against excessive exposure to horror, as it can shape one's imagination and conscience.

Likewise, Episode 3 Interfaith Marriages - Permitted, Possible, or Perilous? was skillfully led by Hosts Dennis SJ and Bertilla.

In modern times, there is greater flexibility in the Church when it comes to interfaith marriages.

The Church permits such marriages provided that the Catholic party preserves their faith and passes it on to their children. The non-Catholic party must be informed of this responsibility.

Speaking on marriages, Fr. Juventus Andrade C.Ss.R., rightly quoted St. Thomas Aquinas: "Love is consistently willing the good of the other." He explained that couples should not be opponents, but rather be on the same page in faith and love.



## Zealous Hearts



**T**he latest episode of Zealous Hearts once again captures the essence of our Redemptorist priests – their passion for the calling, the courage in their journey, and the humanity that shines through their personal experiences in life.

RMC viewers found the soul-stirring series, hosted by the bubbly Alichia Joseph, deeply engaging.

Episode 3 featured Fr. Cyril Stanislaus C.Ss.R., who typically wraps up every homily with a hymn, adding a melodic touch to his message. He acknowledged that the Guitar is an integral part of his spiritual life too. Fr. Cyril shared that he strives to remain joyful, believing that "a happy priest is a good priest." He emphasized the importance of celebrating life and finding reasons to rejoice – even in moments of pain.

In a refreshing change, the series featured a Redemptoristine nun, Sr. Anusha Antony, O.Ss.R., who hails from Kerala. She is one of

the very few Indian women to embrace this beautiful international monastic vocation.

Sr. Anusha came across as joyful and an approachable soul, breaking stereotypes often associated with contemplative life. Responding to people's curiosity, Sr. Anusha offered a glimpse into the serene yet dynamic rhythm of monastic life in Ireland, where prayer, silence, and community come together in harmony.

Lastly, we met Fr. Gerard Anand, C.Ss.R., who opened up about his love for music and sports. Rooted in a strong Catholic upbringing, Fr. Gerard's journey is a beautiful testimony to how divine purpose unfolds when we allow faith to lead us.



He encouraged everyone not to compare their lives with others, but instead to find contentment and meaning right where they are. His message to young people was profound: "Surrender and be open to the promptings of the Spirit – God will show you the way."





## AGEING GRACEFULLY

Ageing Gracefully is not just a talk show - it is a platform for sharing, learning and benefitting from the expertise of eminent panelists, for a more rewarding spiritual and physical life. The series is presented by **Rev. Fr. Juventius Andrade C.Ss.R.**, Scripture Professor and Rector, Redemptorist Major Seminary.

### EP 33, 34 - POWER THROUGH PAIN - PARTS 1 & 2

Panelists: **Dr. Elizabeth Caroline Tharakan**, Head Community Health Center, Chair of Research, Baptist Hospital

**Rev. Fr. Cyril Stanislaus C.Ss.R.**

The two part series dealt with identifying pain, putting it into context and handling it so that it does not become an impediment to living a full life.

It is a universal truth that muscular-skeleton pain goes in tandem with ageing. Associated, is the challenge of differentiating between occasional, chronic and acute pain to identify pertinent treatment; and identifying genuine impediments that may arise to diagnose and treat such pain.

Pain is not just physical, but can be emotional, social or stigmatic too.

Medical jargon was demystified and truths like "chronic pain and psychological factors are interconnected and inseparable", were brought to the fore.

A living example of how to "Power Through Pain", is Panelist Fr. Stanislaus, who has been a walking barometer of pain since his diagnosis in 2019. He uses the technique of redemptive pain so that all who meet him are inspired, encouraged and motivated.

Cautioning us that "Pain that has a dark side where you turn in to yourself", Fr. Andrade urged us to remember that "Spiritual resource goes in tandem with medical and psychological treatment". The pillars of this resource are Faith, Repentance and Forgiveness.



### EP 35 - STRONGER TOGETHER - YOUR MIND MATERS

Panelists: **Dr. Angeliqueka Rao - Psychiatrist, London**

**Dr. Aishwarya Mathew - MMBS MD, Registrar Dept. of Medicine, Baptist Hospital.**

This episode dealt with the challenges a person goes through with ageing and the importance of keeping the mind strong even as the body may fade. Ageing leads to a sequence of events that has a profound effect not only on the individual but on the caregivers and the family too.

Factors that contribute to the degeneration of the mind were discussed, of which the singular most important was identified as loneliness. This happens when the social fabric around a person starts dissolving. Losing one's purpose in life, diminished physical mobility, fear of death are but some factors that contribute towards anxiety and alienation; which in turns leads to real and psychosomatic physical illness and mental deterioration.

Dementia and delusional disorders were discussed together with how to identify when normal ageing behaviour turns pathological.

Remedial and preventative strategies for both the ageing individual, the caregiver and the family were elucidated, together with the roles of Society and the Church. Weighing all factors, it is imperative to regenerate and strengthen the ageing mind through mental exercises, physical activity and interaction in and with society, to the best of one's ability.



## Blessed Bonds

Yet another vibrant addition to RMC - is a joyful Catholic quiz show where two families engage in spirited, faith-based challenges. Episode 1, themed "Love Languages," beautifully explores how God's love manifests through relationships. Hosted by our beloved Fr. Charles Vijay Kumar, the show seamlessly weaves scripture, laughter and heartfelt bonding—an ideal recipe for nurturing family unity and spiritual depth.

The show draws inspiration from Dr. Gary Chapman's five love languages: words of affirmation, quality time, acts of service, receiving gifts and physical touch. Through candid reflections, both families share how they express love—whether by helping with daily tasks, adjusting routines or simply being present—revealing profound emotional connections and mutual care.

### The rounds unfold with an engaging variety:

**MCQ Bible Quiz:** A lively test of scriptural knowledge with playful commentary.

**Word Unscramble:** A buzzer-based challenge featuring biblical terms like "Joshua," "Exodus," and "Jericho."

**Spin the Wheel:** Trivia on sacraments, saints, and biblical figures.

**Bible Search Challenge:** A race to locate iconic passages such as "Noah and the Flood" and "Jesus walks on water."



The inaugural episode features two dynamic families—the Nicholas & the Telis—who come together for a warm and uplifting celebration of Christian family life. The show begins with affectionate introductions, where each member is honoured for their unique traits, setting a tone of affirmation, love and joy.

Though the Telis family wins by a narrow margin, both families emerge as radiant witnesses of faith, love and togetherness. Fr. Charles concludes with a heartfelt reminder:

'Stay blessed, stay together.'



# ST. GERARD MAJELLA - 300<sup>th</sup> BIRTH ANNIVERSARY

NOVENA REFLECTION: LIVING WITH LOVE & MISSION



St. Gerard's intercession continues to inspire families, especially expectant mothers and those longing for children. He calls us to live as missionaries of love, choosing God first and serving others with humility. Whether through prayer, forgiveness or daily work, we are invited to reflect Christ's love in our lives.

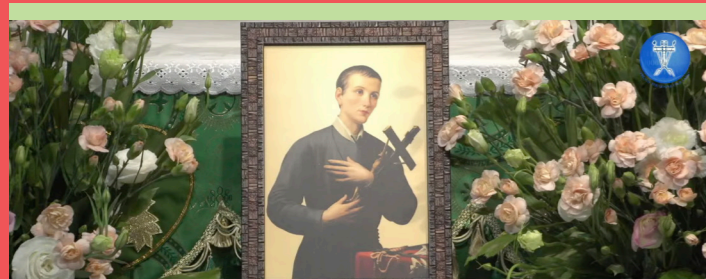
As the novena concludes, may St. Gerard's example guide us to recognise Jesus in every struggle and become vessels of mercy!

Let this celebration echo in our hearts—renewing our commitment to love, serve and trust in God's divine plan.

The novena began with a musical tribute celebrating the 300th birth anniversary of St. Gerard Majella—a humble soul whose life reflected devotion, mercy and love.

Born into poverty, Gerard embraced suffering with joy, choosing silence over defence and compassion over resentment. His legacy teaches that holiness is found in quiet obedience, small acts of service and unwavering trust in God.

Each day's reflection deepened our spiritual journey: trusting amidst fear, forgiving with grace and finding joy in suffering. Through Scripture, hymns and stories—like Hannah's prayer or Sister Sandra's mission—we are reminded that God is the source of life, hope and healing.



**SING, O CHURCH, FOR GERARD'S HONOUR**  
 Sing, O Church, for Gerard's honour, three bright centuries proclaim,  
 Jubilee of joy and mercy, honour now his sainted name.  
 Lift your hearts and raise hosannas, Let the bells of heaven ring,  
 Saint of mothers, saint of workers, to the Lord your praises bring.

Contact us : info@rmcbangalore.com | SMS or WhatsApp text to +91 7204212038 | Call us @ +91 7625088500 (10 AM - 5 PM Mon - Sat)

In this Jubilee of Hope, we celebrate the tercentennial birthday of St. Gerard Majella, heavenly patron of expectant mothers and childless couples. Each Thursday, we unite in fervent prayer, invoking this wonder worker—God's humble vessel of mercy and love. Through his Litany, we lift our hearts, trusting in divine healing. With childlike faith, we echo his plea: "Pray to God, Pray for me!"—ringing heaven's bells until grace descends and hope is reborn.

*"Here the will of God is done, as God wills, as long as God wills."*

- St. Gerard Majella

## Brilliant Young Catholics Shine in the Inspiring Third Season of Faith Champs

Faith Champs, India's premier online inter-school quiz competition for Catholic institutions, brought together some of the most brilliant young minds to celebrate faith and learning.

Led by the energetic Fr. Joseph Abraham, C.Ss.R., the event offered a wonderful opportunity to see young students showcase their understanding of the Catholic faith.

This year's vibrant new set added fresh energy to the show, making every moment visually engaging.

The questions posed to the participants covered a wide range of topics, including saints, sacraments, Scripture, and Church teachings, making the show even more thrilling.

The competition featured several engaging rounds, including Multiple Choice Questions, Dumb Charades, Rapid Fire, and the Emoji Round.

The intense rounds kept viewers captivated, and the audience was truly inspired by the passion and knowledge of these faith-filled champs.

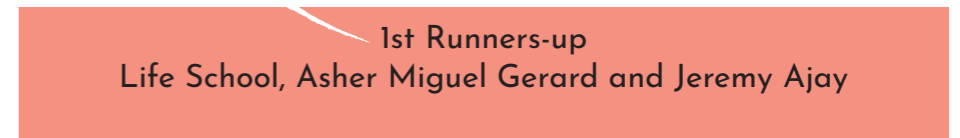
Many viewers shared that the quiz rekindled their knowledge of the Bible, while for others, it renewed their interest in reading Scripture.

A total of seven schools are participating this season, each bringing their unique strengths and spirit to the contest.

Stay tuned to the show to find out which team will be crowned the Faith Champs Season 3 winners!



**Winner**  
 St. Charles High School ICSE, Lingarajapuram  
 Patricia Tanya Alphonse and Joanna Joseph



**1st Runners-up**  
 Life School, Asher Miguel Gerard and Jeremy Ajay



**2nd Runners-up**



St. Charles High School  
 Kammanahalli





# St. Cecilia Music Video Festival 2025



Now in its fifth year, this Festival celebrates a milestone of musical ministry, welcoming back several beloved artists whose rich renditions have deepened the spiritual resonance of this competition with its eight diverse expressions of faith. Curated by the Redemptorist Media Center, this year's collection strikes a beautiful balance between devotional depth and artistic clarity.

Each track—from the reverent “You Are My God” to the triumphant “God Never Fails”—carries a unique spiritual voice, yet together they form a seamless journey of praise, surrender and divine intimacy. Spiritually, they resonate with themes of trust, creation and divine love. “Abba Father” and “Thy Will Be Done” evoke heartfelt surrender, while “Eagle Wings” and “Wildfire” stir a sense of spiritual flight and fervour. “Two Nuns - One Cross” and “7 Days of Creation” offer narrative richness, blending storytelling with theological reflection.

Technically, the audio is consistently clear, with vocals well-balanced against instrumentation. While most lyrics are intelligible, a few tracks could benefit from sharper enunciation or subtitling. Visually, the videos are thoughtfully composed—symbolic imagery, liturgical settings and nature backdrops enhance the devotional tone without distraction.

Consider these music videos as a spiritual arc, making it ideal for retreats, novenas or personal reflection:

Awakening to Grace - “You Are My God”: Begin your journey with a heart wide open—where praise becomes presence and music becomes prayer.

Trust and Surrender - “Abba Father” & “Thy Will Be Done”: In the quiet of surrender, we find strength.

Spirit Ignited - “Wildfire” & “Eagle Wings”: Feel the fire of devotion and the lift of grace.

Witness and Story - “Two Nuns - One Cross” & “7 Days of Creation”: Every life tells a sacred story.

Benediction: Unshakable Hope - “God Never Fails”: His promise stands—faithful, eternal, unyielding.

Overall, they reflect a testament to faith expressed through music and media.

CATEGORY	WINNER	SONG
Outstanding Music Video Award	Adrian Dass	Thy Will be Done
People's Choice Award	The Chancel	You are my God
Outstanding Vocals	Grace Emmanuel	Wildfire
Outstanding Lyrics	Adrian Dass	Thy Will be Done
Outstanding Production Audio/Video	Dr. Francisco Menezes	Eagles Wings
Outstanding Group	The Chancel	You are my God
Outstanding Solo	Grace Emmanuel	Wildfire



## A young person shared her experience of MISSION BEATS 2025 with RMC

From the moment I entered, the atmosphere was filled with life and joy. The energy was truly contagious: priests, sisters, youth and families were singing, dancing, and celebrating their vocation with such enthusiasm. It was deeply moving to see priests offering their God-given gifts in praise, reminding us that priesthood is not limited to routine duties or a “serious” way of life. Rather, it is a joyful calling where one can glorify God through creativity and passion.

It was inspiring to see the expression of one's vocation through music and art. Fr. Anoop Mundackal and Fr. Peter B even performed gospel songs with a mix of rap and Indian rhythms, making the message of faith truly come alive.



The Mother of Perpetual Help Sisters at the exhibition stall thoughtfully explained what it means to respond to a vocation. Their words helped us see that saying “yes” to God's call is both a gift and a mission, something deeply personal yet meant for the good of others.

Engaging the crowd with their vibrant music, the band from Goa led by Fr. Velson Fernandes and Fr. Joyan D'Costa brought an infectious energy. Their music carried a spirit that lifted hearts. It was a moment where faith felt alive, expressed not just through words or rituals, but through rhythm, laughter, and unity.

One of the memorable parts of the evening was the performance by the Bangalore Redemptorist Youth group led by Fr. Sandeep Menezes. It was a sight filled with grace, the youth raising their hands, singing, and moving with joy, while the priests, seminarians and religious sisters joined in



the same spirit of worship. As prayers were offered over the young people, there was a deep sense of anointing that touched everyone present.

When “Here I Am, Lord” began to play, it felt as though time paused for a moment, the words echoing the very essence of the evening: our collective “yes” to God's call, in whatever form it may come. It was a powerful reminder that though our paths may differ, as priests, sisters, or lay people, we all belong to one Church, united in surrender and love.

“The Gospel must be preached anew in every age and to every generation.”

These words of St. Clement Mary Hofbauer came alive on the Redemptorist Vocation Sunday as it captured this truth perfectly, showing that faith is not something of the past but something vibrant, creative, and alive in every heart willing to serve. It was a meaningful reminder that this mission can and must be kept alive in every age through hearts that continue to say “yes” to God.

- By Canisha Judith S  
( A Redemptorist Youth)



## RMC's First Ever Meet, Greet & Share in Hyderabad



On 30<sup>th</sup> August 2025, the Redemptorist Media Center brought its online family together in a heartwarming **"Meet, Greet & Share"** event held at CHAI in Hyderabad, an evening filled with gratitude, laughter, and joy of being one community in Christ. For many who joined, this was the first time they were meeting the Redemptorist Fathers in person after journeying with them daily through YouTube masses, reflections, and spiritual programs.

What made the evening truly memorable were the personal stories shared by the participants. The stories that revealed how deeply RMC has touched lives. One participant spoke with emotion,



saying, "During some of my hardest days, the RMC Mass kept me going. It felt like God was speaking directly to me." Another shared a simple yet profound line: "Watching RMC every morning has become part of our family prayer tradition." One attendee tearfully shared that watching the RMC livestreams had become a spiritual anchor during difficult times: "I feel as though I'm in my parish even when I'm watching from home". Another remarked on the power of connection: "To meet the priests whom I have only seen on screen, their presence means so much more in person."

These testimonies beautifully captured the sense of belonging that RMC brings through its digital ministry. To be the Missionaries of HOPE in these times.

Moments like these highlight what the digital mission of RMC has grown to be not just a channel, but a spiritual home.

The Redemptorist Fathers present including Fr. Charles Vijay C.Ss.R and Fr. Sandeep Menezes, C.Ss.R, the dedicated RMC team expressed their heartfelt appreciation for everyone who supports, encourages, and uplifts the mission. They reminded the gathering that every like, subscription, and shared video helps spread the Gospel to someone searching for hope. Fr. Charles Vijay C.Ss.R, expressed their heartfelt gratitude to everyone who made that evening and especially to CHAI for their support in hosting the event. Fr. Matthew Abraham C.Ss.R and Sr. Helen shared their Mission, Vision at CHAI and the collaboration with the Redemptorists so far.

The event featured interactive segments, where attendees joyfully spoke about their favourite RMC programs, from "Psalms for Life" to the Sunday Homilies. The atmosphere was relaxed and familial, with plenty of smiles exchanged and stories recounted. Toward the end, a lively Hammered with Faith that added an element of fun, sending many home with little tokens of love and everyone with a heart full of gratitude.

This "Meet, Greet & Share" evening was a beautiful reminder that although the ministry began online, its impact is profoundly personal. It is not just watched, it is lived, shared, and cherished. RMC continues to be a bridge connecting hearts, nurturing faith, and bringing people closer to Christ and to one another.



## RMC's First Ever Meet, Greet & Share in Chennai

The Redemptorist Media Center marked a historic milestone as it hosted its first Meet, Greet & Share in Chennai on 15<sup>th</sup> November 2025 at the Santhome Pastoral Centre. What began as an online ministry during the pandemic has now grown into a vibrant spiritual family, one that finally had the joy of meeting face-to-face after journeying together virtually.

The Redemptorist Fathers shared the heart and mission of the Media Ministry, reflecting deeply on their charism of "preaching the Gospel ever anew."

They recalled the early days of the pandemic, when they realised something profound- behind every camera is a real person, a real family seeking hope and the comforting Word of God.



Fr. Sandeep and the team expressed how RMC has become not just a media initiative, but a lifeline for countless families who tune in daily for Mass, Novena, Rosary, Adoration, moments of prayer, and faith-formation series.

An uplifting highlight of the evening was the heartfelt sharing by participants, who introduced themselves using creative adjectives like Joyful Jennifer, Zestful Zenobia, Merry Maria, Lovely Luella, and many more.

Each testimony carried emotion, gratitude, and a beautiful reminder of why RMC exists.

- Many recalled the pandemic years, when RMC became their sanctuary and source of spiritual strength.
- Another touching story came from a grandmother whose little granddaughter eagerly awaits the Rosary quiz every evening.

• Families spoke of the impact of daily Mass, Rosary, and Breaking of the Word, which brought consistency and peace into their homes.

• One mother shared how the Novena to St. Gerard Majella became a channel of blessing, leading to a safe delivery after five years of waiting.

• Participants highlighted their favourite programmes including the beloved 7 PM Rosary that has become a cherished family tradition.

These stories revealed a deep truth: RMC has woven itself into the rhythm of daily life and into the hearts of countless viewers. For many, RMC is no longer merely online content; it is a companion, a guide, a source of strength, and a spiritual home.

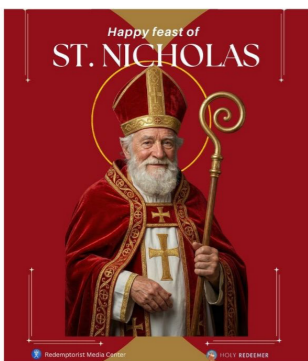
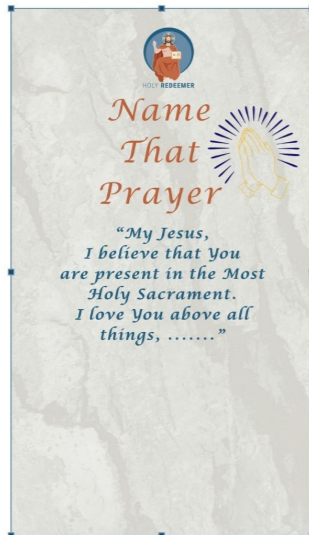
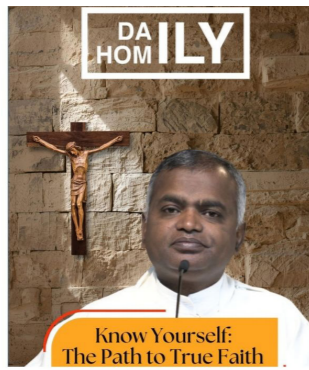
What happened in Chennai was far more than an event; it was a homecoming.

People who had prayed together from afar stood side by side for the first time, strengthened by shared faith and shared gratitude. The Redemptorist Media Center continues to stand as a beacon of hope, reminding us that no matter where we are, Christ unites us, the Holy Spirit leads us, and the mission continues ever anew.

To every participant who shared, prayed, spoke, and blessed the evening with their presence, thank you for being an integral part of the RMC family. Your stories fuel the mission. Your faith strengthens the ministry. Your presence brings the virtual community to life.



# GROWING OUR DIGITAL PRESENCE USING SOCIAL MEDIA NETWORKS

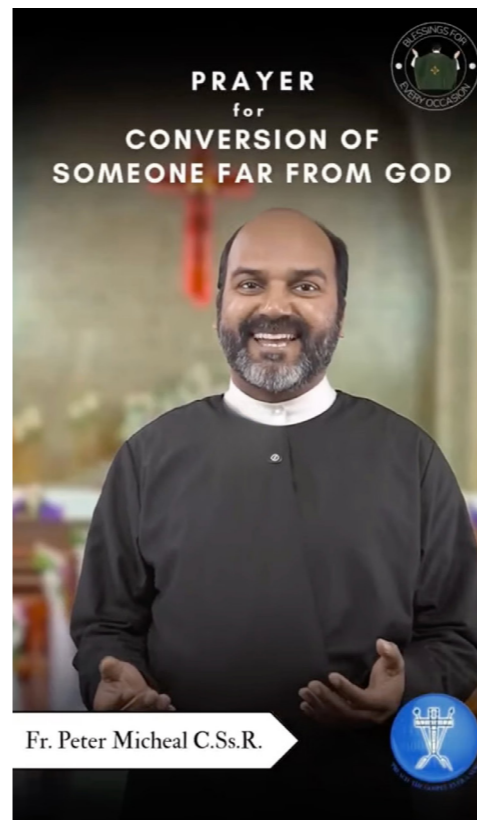


○ **Parenting Paatshaalaa** – a series of light-hearted, often humorous reels designed especially for new parents of young children. With empathy and gentle humour, these videos approach the challenges and joys of parenthood through the lens of psycho-spiritual growth, offering encouragement, practical faith-filled insights, and a sense of community for parents navigating early family life.

○ **Faith Explained** – short, crisp videos in which one of our Redemptorist Fathers explains a basic element of the Catholic faith (a doctrine, sacrament, prayer, or spiritual practice) in under two minutes. These are crafted for busy believers seeking clarity, especially those who may be new to the faith or returning after a long time.

○ **Blessings for Every Occasion** – brief video blessings tailored for everyday events: starting a new job, first day at school, illness, anniversaries, milestones, or simply “a blessing for today.” It feels much like visiting a priest in the sacristy for a blessing – only now made reachable anytime, anywhere.

○ A growing collection of catechetical posts on the saints, along with faith-deepening games and quizzes, designed to help our community learn, reflect, and grow in their spiritual life. These interactive formats have struck a chord, especially with followers of various age-groups seeking to deepen their faith in accessible and relatable ways.



Our reach and impact have grown even further through enriching collaborations with like-minded evangelizers and ministries across the Church. Notably, partnerships with **Fr. Rob Galea**, **Fr. Ritchie Vincent** (Archdiocese of Chennai Social Communications Centre), **Fr. Sandesh Manuel OFM**, and the **Redemptorist Youth and Vocation Ministry** have enabled us to amplify our message to new audiences, and to witness the beautiful diversity and unity of the global Church. Through shared posts, guest videos, and cross-promotion, we’ve reached hundreds – sometimes

thousands – of new followers who might never have encountered our center otherwise. These collaborations bear witness to the truth that faith shared is faith multiplied.

If you haven’t already – **please follow us on Instagram at @theholyredeemerofficial and on Facebook where we go by the name RMC Bangalore.**

Join our growing community. Share our posts. Engage with our videos. And help spread faith, hope, and love – one scroll at a time.





HOLY REDEEMER

## Editorial Team

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We wish you a

Happy  
New Year